

JUNE-JULY
AHMEDABAD TO AHMEDABAD

MODERATE LEVEL

HAMTA PASS AND CHANDRATAL

pool

THIS IS A EXPERIENCE OF A LIFETIME

GUJARAT ADVENTURE CLUB

About Trek

Hampta pass is an essentially river valley trek where you approach to the pass following Hampta nallah (a tributary of Beas River) amidst green Kullu valley. Descending from pass is also following a river valley a tributary of Chandra River.

This time through a contrasting landscape which is barren and rocky in Lahoul. The valley remains in bloom for a considerably time from late summer to as late as September. Abundance of streams along the trail keep the valley well fed. At the end of the trek there is a surprise, a visit to Chandratal lake by car. The dirt road to this famous moon lake opens around mid of June.

The stunning contrast of the landscape of this area bordering Lahoul and Spiti is hard to believe. The road from Chhatru to Batal following Chandra River is arid, barren and full of rock debris. The area surrounding Chandratal ($\sim 4200 \text{ m/}13780 \text{ ft}$) is a typical Spiti moonscape with vivid colours.

Brief Details

Camp Duration: 09 Nights / 10 Days

Camp Type: Adventure, Snow, Water Trekking

Region: Himachal, India

Accommodation: Tent, 3-4 Sharing

Food: Pure Veg and Delicious

Transportation: Train, Bus and Jeep



Detailed Itinerary Your day to day activity during the trek



DEPARTURE FROM AHMEDABAD

Gathering of all participants at Ahmedabad Railway Station at given time, Ticket allotment and departure for Delhi.



ARRIVEL AT DELHI

After reaching at Delhi, check in to hotel for freshen up and leave for Manali in evening by bus.



REPORTING AT MANALI BASE CAMP (ALT. 6,500 FEET)

Report at Manali base camp by 10 AM. Freshen Up and Registration on arrival. Post lunch acclimatization day. Orientation for the trek in the evening. Overnight stay at Manali base camp.



TREK TO CHIKKA (ALT. 9,500 FEET)

Commence the day with a jeep ride for Hamta Dam, the starting point of the trek. The trek to Chikka starts from the Dam and takes around 2-3 hours to complete it. Chikka represents one of the most majestic experiences of river side camping surrounded by huge mountains and waterfalls. Overnight stay in tents at Chikka



TREK TO BALU KA GHERA (ALT. 11,900 FEET)

Commence the trek by 7 AM for Balu Ka Ghera camp after breakfast. The initial part of the trek goes through the bank of the river crossing a few rock boulders followed by a river crossing. The trek happens to be a moderate level as it goes above tree line scaling to an altitude of 11,900 feet. Balu ka Ghera is a large plain ground on the bank of the river and camping at this spot is a dream in reality. One can spot Indrasan, the highest peak of Manali valley from here. Overnight stay in tents at Balu Ka Ghera Camp.







TREK TO SHIA GORU VIA HAMTA PASS (ALT. 14,200 FEET)

Start early by 4 am for the pass to take advantage of hard snow. The trek starts with a moderate climb for 4 hrs until one reaches the Pass at 14,000 ft. The aerial views of Spiti valley from Hamta Pass is quite breathtaking. The descent from the pass falls steep and takes around 4 hours to reach Shia Goru Camp (12,800 ft) Overnight stay in tents at Shia Goru.



TREK TO CHATRU AND DRIVE TO CHANDRATAL (ALT. 10,900 FEET)

The day starts after morning breakfast for Chatru and takes around 3 hours. Once at Chatru, after some hot lunch continue with a jeep ride(3 hr) for Chandratal. Chandratal at 14,280 feet never fails to impress one from it's stunning beauty and the view of the amazing mountain landscapes surrounding it. Ride back to Chatru for overnight stay



CHATRU TO MANALI (ALT. 6,500 FEET)

Start the day in a bit relaxed way, for we would be left with just a ride to take us back to Manali. The ride from Chatru to Gramphoo falls off-road followed by the traverse through the famous Atal Tunnel to Manali. Departure from Manali by 4 PM.



Arrivel at Delhi/ Chandigarh Station

Board the train for Ahmedabad



Arrivel at Ahmedabad

Inclusions

Things which are included under this package

• Cloak room

Members can keep their extra luggage at base camp.

Camping charges

All trekking permits and forest camping charges are included.

• Gaiters & Microspikes

Gaiters help against snow entering from the sides of the shoe and microspikes for extra grip.

Accommodation

Stay will be in tents on triple sharing basis. You can also avail double sharing by paying Rs.1000/- extra per person.

• Rucksack

A 60 litre bag with rain cover is provided for use during the trek. Members will return it once done with their trek.

• Trekking equipment

High quality tents and sleeping bags in all the camps. Sleeping bags can withstand temperatures as low as -10 °C.

• Personal Insurance

We have added the personal insurance cover via ASC360 without any extra cost.

• Safety equipment and Emergency

First aid kit, oxygen cylinders, oximeter etc. will be with Trek Leader and at camp site as well to deal with emergencies.

Meals

Breakfast, lunch, snacks and dinner are included. We provide simple, nutritious Veg/Jain food on all days of the trek.

• Expert trek Leaders

All our trek leaders are at least qualified in basic / advanced mountaineering and first aid course.

• Expert Trek support team

The mountain staff on this trek consists of certified guides, cooks, helpers

Exclusions

Things which are not included under this package

Cost of Emergency

• Any personal expense.

Documents Required Important documents required to participate in the trek

- Medical Certificate should signed by a registered MBBS doctor.
- Original and photocopy of government issued identity card-(Aadhar card/ Driving license/ Passport)
- NOC form with participant signature
- Passport sized photograph

Things To Carry Essential list of things to be carried for the trek.

- 1. **Trekking shoes**: Carry water proof trek shoes with good grip and ankle support.
- 2. **Thermal wear**: Carry thermals [top and bottom] for the night stay.
- 3. **Trek Pants:** Carry 2 quick dry material trek pants and one warm padded trouser.
- 4. **Sunglasses:** Sunglasses are mandatory to protect your eyes from snow reflections.
- 5. Socks: Carry 3 pairs socks and a pair of woollen socks
- 6. Raincoat: Raincoat or poncho can be quite useful against rain or snowfall during the trek.
- 7. **Dry-fit T-shirts:** Full sleeve t-shirts help you against sun burn and will dry fast in case if it gets wet.

- 8. Gloves: Carry a pair of waterproof, warm types of gloves.
- 9. Torch: Its recommended to carry a headlamp or torch for night usage.
- 10. Lunch box & Water bottle: Every participant should have their own lunch box and water bottle (prefer insulated one).
- 11.Cap: Carry a sun cap for the daytime and a woollen camp for the night
- 12. **Jackets:** Carry a warm jacket for 0 degree celsius, wind and snow and a fleece/woollen sweater as a mid layer.



TEARMS AND CONDITION

Train Tickets

You must give name of participants well in advance before two months to avail conformation of train tickets.

We will not guarantee any waiting list tickets to be confirmed

Payment

Payment for the trek can be done online through credit/debit card or net banking, Cheque/draft or cash are accepted. 50% of the trek cost will be advance payment for the booking of seat and balance amount must be paid 20 days prior of the event to confirm the booking.

Cancellation Policy

Before 20 days to the start of the trek - 20% Refund
Less than 20 days to the start of the trek - no refund
If a trek is called off at the last moment due to a natural calamity/unforeseen
circumstances (like rains, earthquake, landslides, strike etc.) no amount will be refunded.

Accommodation

Stay on all days will be in tents. Tent will be allotted separately to males and females and will accommodate people. High altitude sleeping bags that can withstand temperatures as low as -10 degrees.

Toilets

Toilet tents are available at all the camps.

Backpack offloading

Members can offload their backpack on mules for an extra charge of Rs.400/- per day for every backpack. Participants can directly pay to the horsemen by cash.

Safety

Our camp leaders will conduct routine health checks at all camps to measure oxygen saturation, blood pressure. Camp leader reserves the right to exclude any trekker from climbing higher on the trek without refund if the trekker's vital readings are below accepted norms for that altitude.

These norms are available with our camp leaders. Your trek leader will also be carrying medical kit which includes basic first aid and high-altitude sickness medicines and will also be carrying a oxygen cylinder throughout the trek.

Drinking and smoking

Smoking and drinking are strictly prohibited. Buying drugs or any illegal material is strictly prohibited, the participant will be detained and handed over to the government authority.

Emergency during trek

In case of any emergency Gujarat Adevnture Club will take necessary measures for your return to the base camp. A staff will accompany you. He may not be some trained personnel. Doctors do not go along with a team. 'Gujarat Adevnture Club' leaders are trained to administer first aid and know how to deal with issues related to the mountains. Registering for this trek is an understanding that you are aware of related difficulties on a high-altitude trek.

Change of trek plan

Under some extraordinary circumstance, your trek may end a day earlier or start a day later due to inclement weather, snow and ice conditions, political restrictions or any other cause. In the event of a change, postponement or delay, participants have no right to refund of the trek or other compensation for any injury, loss or damage.

Non - Liability

'Gujarat Adventure Club' is not responsible for any loss/damage of your gears/equipment or other belongings on the trek.













www.gujaratadventureclub.com

GUJARAT ADVENTURE CLUB

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